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COCHISE COUNTY SHERIFF SEARCH AND RESCUE

Special points of interest:

- 3.1.15 Back to back missions Portal area Overdue Hiker
- 3.1.15 Plnery Canyon search possible injured horseback rider
- 3.4.15 Search for Alzheimer, Willcox
- 3.6.15 Tech Training West Stronghold
- 3.6.15 Safety Fair Willcox Hospital
- 3.16.15 Search for despondent Land Grant, Hereford
- 3.17.15 and 3.18.15 Search for missing 15 year Old I-10 MP 355
- 3.21/22.15 Overnighter East Stronghold
- 3.24.15 East Stronghold Rescue
- 3.26.15 Show and Tell Double Adobe RV park
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- Congratulations to S23, Jamie Promoted to Senior

This Month in SAR

March 2015

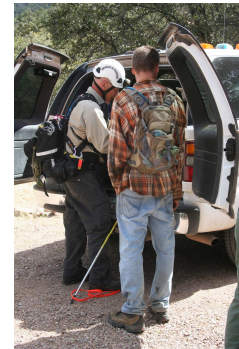
What a busy beginning—Back to back missions

March truly began busy and remained busy for the remainder of the month with missions and trainings.

The first mission was in the Herb Martyr area of the Chiricahuas with a team activation of about 0900 hours. A group of boy scouts reported a subject missing, who started his hike the day prior around 1600 hours and had not returned. The vehicle the subject was driving was still on location. Walter checked the vehicle the night before and also tried to make contact with someone at the boy scout camp with negative results. Once part of the team got on

location we deployed Walter with Roxy and Jim to walk up the drainage and see if they could find any clues, since the reporting party had gone "missing." While waiting for the remainder of the team for deployment a subject walked into the CP area. The subject asked if someone was missing and we acquired his name, which was our missing subject. The subject indicated he was not lost and had a camp further up the trail. It was suggested to him to find a lower camping area, due to incoming inclement weather.

Prior to heading back the team conducted an area



familiarization for several of the new members and members not having been in the area.

Area familiarization



Bill keeping track



SAR tourists



Deuce, Dominic and Bill



Mission 2, Possible injured horseback rider

The only team member making it close to home were David and Jim. The rest barely made it to the tunnel on 80, when David activated the team again for a possible injured horseback rider. The Portal Ranger station received several reports of a horse running loose in an area near Onion Saddle Pinery Canyon, with no one around. Walter started

up from the east side, since the exact location was unknown, all the reporting parties were from out of state and not familiar with the area. Walter was the first member to reach the vehicle and horse. Upon further checking the area, he came across the rider, who was not injured. The subject was actually camping just a little farther from his ve-

hicle and horse trailer. The SV team barely made it to the cutoff prior to being cancelled. We did experience a wonderful sun set on our way back.



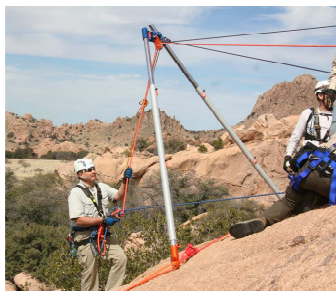
"I love teamwork. I love the idea of everyone rallying together to help us win and reach our goal."

Jarod Kintz



Technical Rescue Training 3.6.2015

During this technical rescue training, we again worked the Vortex and the MPD. This time the set up of the Vortex was a slight challenge, since it was set up as an A-frame. Attention to physics played a great role during the set up. Tie down of the head to the rear and downward. Tie down of the front legs to prevent shifting. Set up of the haul/lower system. We also utilized one of the AZTEK kits to tension one of the head tie downs. Bill



is testing the system. No movement was detected.



We did have a really good set up. The haul/



lower team working on their system set up incorporating the MPD making the switch from lower to haul drastically quicker



Eric is utilizing the stokes, while Dominic and Travis acted as the edge technicians.



Lilly changing over to a 3:1 haul system under the watchful eye of Raul with others looking on.

Tech continued.



Looks like Eric should have picked a lighter "subject". Unfortunately, we never get light subjects during our rescue operations, hence we train accordingly.



"Glow Sticks" working the MPD under the guidance of Harry.



The 3:1



Deuce with "subject" Yvonne.



Jim R22 being lowered with the stokes.



Glow sticks is just having way too much fun.



We had some unexpected visitors asking for directions.



Dr. Scuba Corner

“The real challenge is for each of us to determine where we feel we can make the most impact.”

Jay Samit

Search for Alzheimer 3.4.2015, Willcox

This search really hit close to home. We were called to help look for a family member of one of our own members. David activated the team around 2300 hours. The subject had been missing for about two hours, and the temperatures were very low, making this an extreme urgent search. Willcox PD, CCSO deputies, fire personnel began looking for the subject. It is imperative you take certain steps when looking for a person suffering from dementia or Alzheimer. They do not act or react like your normal lost hiker. The search for subjects suffering from this

ailment is hard and tedious. You must be slow and methodical. They will not listen or answer to your call. They might hide from you thinking they are in trouble. Yet many have a certain goal in “mind” wanting to go somewhere, and this somewhere is in their past. When in a vehicle they will go until they run out of gas and then start walking. They will not ask for help.

A big thank you to every one who responded to this critical mission.

Dementia(Alzheimer's Disease) Cue Card

What to Look For –

Poor impulse control – does private things in public & easily irritated, may reach for or touch others or objects

Poor immediate recall of info – forgets what you said, tells you over & over, denies having heard that before, accuses you of lying

Loss of short term memory – doesn't remember last contact with you & doesn't follow thru, unable to give accurate info

Word finding problems – is vague, uses the wrong words, gets off-target

Confabulation – makes up info – unaware of inconsistencies, argues

Poor judgment – choices don't make sense

dressed inappropriately for the situation

tries to get away, even though surrounded

refuses help even though needing it

Gets lost in place and time – driving or walking – goes back in time

Retained social skills – covers for mistakes & 'agrees' without understanding

Emotional distressed – fearful, angry, or happy – inappropriate for situation

How To Check It Out...

Ask questions that require explanations (not just “yes” or “no”)

Listen for errors, vague or off-target comments, slow or misunderstanding of what you said, repeats, extreme emotional reactions, or distractibility

BUT... DO NOT point out or hi-lite the 'wrong' behaviors

Seek out additional info from significant others – in a separate space

Look at previous reports for history or patterns

Look at medications – Aricept, Exelon, Razadyne, Namenda

Some Important Facts:

Almost 50% of those over 85 will have some form of dementia

Dementia is progressive it changes over time

Dementia has many forms – some start in the 40 or 50's

Behavior changes **not** memory changes, may be the first signs

Dementia is not consistent – good/bad days, times, & moments

Alzheimer's Disease is the most common form of dementia

Over 60% will elope or wander at some point –

most are found within 1 mile of starting place

over 90% will be injured or dead if not found in 24 hrs

99% will not respond to 'name' during S & R

Dementia(Alzheimer's Disease) Cue Card**How to HELP!**

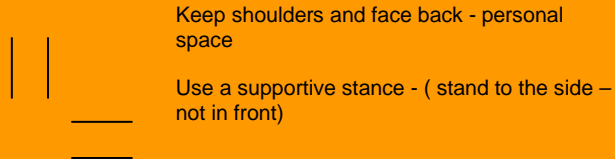
Stop 6 feet out front – public space

Look friendly & make "Hi!" sign with hand

Offer hand making eye contact

Approach from the front – moving slowly

Initiate the greeting & introduce self



Keep shoulders and face back - personal space

Use a supportive stance - (stand to the side – not in front)

What to Say!

Keep your voice calm, low, and slow

Keep it short and simple

Give simple choices – 'this or that'

Use objects – show them – don't just say it!

Break task/movement down – 1 step at a time

Ask to 'try' or to 'help'

Use empathetic statements

"Sounds like you are... (give emotion)"

"Looks like you might... (give condition)"

Alzheimer's Organizations

Alzheimer's Association – www.alz.org

1-800-272-3900 24 hr HELPLINE

Alzheimer Foundation of America

1-866-232-8484 www.alzfdn.org

Wait for their response before continuing...

Make positive statements

"Let's try..."

"Do this..."

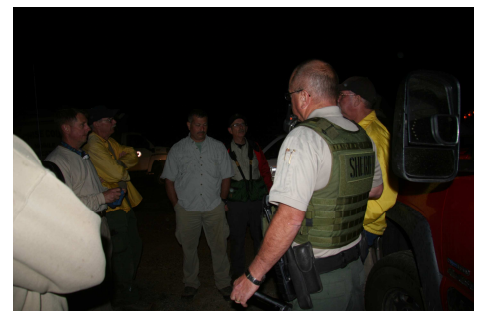
"Could you please help me..."

Search Mission Land Grant Rd 3.16.201 and MP 355 I-10 on 3.17.15

This must have been the month for back to back missions. 3.16 and 3.17 were no different. David activated the team around 2100 hours for the search on Land Grant off of Hereford Rd, Palominas area. Not too many folks got very far. One of the deputies working a Stonegarden detail ran across her on Hereford Rd near SR 92 on the Bisbee side. She had walked quite the distance especially being barefoot. She was last seen around 1730 or so hours. Another happy ending. Some folks did make it to the station, others barely left their driveway.

The team was activated the next day around 1400 hours. A 15 year old ran away from a relative after having been involved in a verbal argument with the adult. We later learned there was more

to the story than told to us by the adults. Between deputies, DPS Air Rescue and SAR personnel we had a pretty good turnout for this mission. Unfortunately the young subject ran off around 0900 hours, and we were not called until hours later. Further the weather was turning very bad, with massive rain hitting the search area. The teams did find some tracks, to include the DOC chase team from Fort Grant. However, they lost the scent as well. We suspended the search for the night and re-activated the team the following morning. While en-route, we learned Border Patrol came across our subject near mile marker 98 on SR 191. David conducted an interview with the subject and learned he was way out of our search area around 1800 hours. He spent the night in an old ranch house off SR 191.



Overnighter 3.20 to 3.22.2015 East Stronghold

The weather was more than perfect for our first overnighter for 2015. Some of us went out on Friday to prepare some training planned for the following day. Eric and Dominic set up a map and compass course for the folks and Fred set up a course for advance ATV—a trail ride.

After a very generous breakfast members were divided into teams for the map and compass and the others for the ATV training. It took the map and compass folks about an hour and a half to complete the course and find all the points set out by Eric and Dominic.

After the basic ATV training, Fred took the group to a ATV Trail ride, challenging the riders to incorporate what they



had learned during the training. Matt is working on the sudden stop. So is Bill in-



corporating a turn.



Heading out on the trail ride.



Scott came out in the afternoon and gave a demo with his UAV. Pretty spiffy little machine.



The adventurers returning from their exploration trip. Below, group 2



areas.



Wayne is taking a break, while Yvonne and Raul enjoy the scenery



Group 2 coming back from a secondary trail ride



Who says I'm never in a picture. Someone snuck one in on me with my camera while I cooked dinner.



Enjoying the evening after a great training day.

Rescue Mission 3.24.15 East Stronghold

The team was activated for this rescue mission around 1030 hours. Several residents called 9-1-1 stating they heard someone call for help. Deputies and David arrived on scene and made contact with a citizen who had visual and voice contact with the subject. According to the reporting party the subject appeared weak and might possibly have fallen. When the reporting party tried to get closer to the subject he was unable to find him again. DPS Air rescue responded from Phoenix and was able to locate the subject who appeared to be cliffed out. Bill and Deuce as well as Tom were already dressed out for a short haul, however the pilot requested the smallest and lightest person due to the winds and heat. So by default that left yours truly. Sorry Deuce, Bill and Tom.



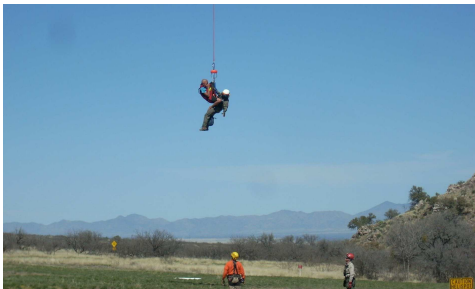
Deuce and Bill are ready for the short haul. (Initially, when this call came in another person had called stating a subject broke down in front of her house the day prior. The subject then hiked to the Stronghold and had not returned at the time of the call. Come to find out, this subject was the same subject we looked for on 3.1.15.)

Getting the helo ready for the rappel and short haul.



Russ, David and Deuce discussing the operation

Since the subject had moved from the location DPS Air Rescue spotted him initially, it was decided not to drop the rappel rope to the ground. It was feared the subject might grab the rope, which could have been disastrous. The rope was attached to the rappel harness and fed during decent. The subject would



indeed have grabbed the rope. The hookup into the screamer suit went okay. I just hung a little too low and had a plan just in case the subject became squirrely during the flight. Had to tell him several times to put his hands in. We did not experience much of a spin



during the flight and the catch was ex-



The subject after initial treatment did refuse transport to the hospital, but later changed his mind.

cellent as well.

“I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion.”

Mia Hamm



APRIL 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	Training and Meeting 1730	3	Tech training
5	6	7	8	9	10	11
12	13	14	4.16 Coordinator training	New tender tng 1730 Foot-hills	17	Dive training Parker Canyon Lake
19	20	21	22	23	24	25
26	27	State SAR Conference Heber				

May 2015

SUN	MON	TUE	WED	THU	FRI	SAT
					SAR Conference Heber	
Heber	4	5	6	Training and Meeting 1730	8	Tech Training
10	11	12	13	14	15	Swift Water Salt River
17	18	19	20	Coordinator Training	22	23
24	25	26	27	28	29	Swift Water Expo PHX
31						